



National Resource Center for Healthy Marriage and Families

The Director's Corner

Greetings,

We are excited to announce the launch of our [Virtual Training Center](#)! The Virtual Training Center was developed in response to feedback from stakeholders. Limited training budgets, client driven environments and workload demands make it difficult for managers and front line staff to attend trainings. The Virtual Training Center can be accessed anytime and a course can be completed in multiple sessions to accommodate varying schedules.

Our first Course, ***Strong Relationships, Strong Families: Module 1: Introduction to Healthy Relationship Education Skills for Stakeholders*** is designed to educate safety-net service providers and other stakeholders on the subject of healthy marriage and relationship education skills; discuss the research regarding the benefits of these skills for families and importance of integrating the skills into safety-net service delivery systems; and define levels of integration and how the Resource Center can support integration efforts.

Other courses are in development including tutorials on how to use some of our more comprehensive research-based products like the Family Violence Prevention Toolkit. We also provide Course Completion Certificates to use for CEUs.

I hope you will take advantage of this free training opportunity and pass the information along to your colleagues.

Best Regards,

Robyn Cenizal, Project Director



Tip of the Month

Your monthly tip to strengthen the relationships of those you serve. *Share it - Post it - Pass it on!*

If you struggle with reading and writing, can you still thrive together as a couple? Absolutely! Even though communication is a core component of healthy relationships, the majority of communication between two people is non-verbal (and non-written).

One of the keys to healthy communication is making sure what you do aligns with what you say, which builds trust in both intimate and non-intimate relationships. To help couples align their words and actions, encourage them to talk about how they feel (what's showing in their face and body language) in addition to what they are thinking when making important decisions, and to accept each other's feelings even when they otherwise disagree.

By the way, being mindful of your nonverbal communication is also important in the workplace when communicating with colleagues and clients!



Featured Resources

The Resource Center's [Virtual Library](#) has collected more than 500 materials in a variety of formats - including factsheets, research-to-practice briefs, brochures, pamphlets, training resources, program reports or evaluations, and research materials.

Click the link below to view our featured March resource:

- [Providing Healthy Marriage Education to Clients with Lower Literacy Skills \(Tip Sheet\)](#)



Events

The Resource Center's [Events Calendar](#) offers a listing of Resource Center events and other national, regional, and community-wide events that might be of interest. Upcoming events include:

- [National Conference on Family Literacy April 28-30, 2013 in Louisville, KY](#): The National Conference on Family Literacy is focused on intergenerational education and community literacy. Literacy experts, practitioners, researchers, policy makers, educators, philanthropists, and community leaders will be gathering to participate in this conference to inform and inspire the work they do for adults, their families, and communities.
- [2013 International Conference on Sexual Assault, Domestic Violence and Stalking, April 3-5, 2013 in Baltimore, MD](#): The Resource Center will be exhibiting at End Violence Against Women International's 2013 conference. Join fellow law enforcement personnel, prosecutors, victim advocates, judges, parole and probation officers, rape crisis workers, medical personnel, faith community members, educators and others in this three day conference highlighting promising practices and emerging issues in sexual assault, domestic violence and stalking.

Feedback and Technical Assistance:

If you have suggestions or wish to speak with a Resource Center staff member, please [contact us](#) and we will be happy to assist you. If you would like to request Technical Assistance, please submit a [Training and Technical Assistance Request Form](#) and our Technical Assistance Coordinator will contact you.

To learn more about the Resource Center visit us at www.healthymarriageandfamilies.org

The National Resource Center for Healthy Marriage and Families supports safety-net service

providers as they integrate healthy marriage and relationship education skills into service delivery systems as part of a comprehensive, culturally appropriate, family-centered approach designed to promote self-sufficiency.

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